

# 2020 Covid 19 Guidelines For JYA & JALL Baseball

- Coaches and league officials must review and consider the CDC guidance on consideration for youth sports to modify practices and games to mitigate the risk of spreading the virus. This includes focusing on individual skill building versus competition and limiting contact in close contact sports. The CDC Guidelines can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- All coaches and staff will be required to wear masks. There can be no exceptions to this rule.
- All personal equipment will be separated. No sharing personal gear, helmets, gloves, hats, water bottles will be permitted.
  - If team equipment must be shared, all shared equipment should be properly disinfected between users.
- All athletes, coaches, and officials must bring their own water and drinks to team activities. Team water coolers for sharing through disposable cups are not allowed.
- Hand sanitizer must be available to all players, coaches and officials at all times and use of sanitizer should be required at regular intervals for all players, coaches and officials.
- When possible, benches should be clearly marked to account for 6-foot social distancing guidelines. Players must be 6 feet apart in the dugout or on benches.
- Players must wear masks while not on the playing field.
- Team huddles/high-fives/breakdowns will be prohibited if 6-foot distancing cannot be maintained.
- All players will be encouraged to avoid contact with their face/eyes.
- Activities that increase the risk of exposure to saliva must not be allowed including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- If multiple games are to be held at the same facility, adequate time shall be scheduled between contests to allow for facilities to be cleaned and disinfected, and to minimize interaction between athletes.
- No parent or spectator will be permitted near the bench area or the field of play.
- Seating areas, must adhere to social distancing requirements of at least 6 feet of spacing for anyone not in the same household. To assist with proper social distancing, areas should be clearly marked when possible. Adults should wear face coverings (masks or face shields) at all times.

### **SYMPTOM SCREENING & CONTACT TRACING**

- A team appointed Representative must maintain a complete list of coaches, players, and employees present at each event to include the date, beginning and ending time of the event, plus name, address, and phone contact to be made available upon request from all appropriate regulating agencies such as the PA Department of Health and/or the Montgomery County Department of Health.
- All players will undergo symptom screening before any club event, including temperature checks and self-reporting to questions.
  - Any player exhibiting symptoms of COVID-19 will not be permitted to participate in practice or games.
- Responses must be tracked and collected, along with attendance, and kept on file to be provided to the Department of Health for contact tracing purposes in the event of an infection.
- Should any player be confirmed to have COVID-19, notification will be sent to all members with general information regarding the age group. (for example, “a player in the 12U softball group has confirmed COVID-19. Your child may have been exposed”)
- Players who have been infected with COVID-19 must have a doctor’s note before they can return back to practice.
- Activities may be suspended or cancelled in the event of a known COVID-19 exposure for a team.